



Questions about bipolar disorder: *When you start treatment*

To prepare for your next doctor's appointment, print this page and add any other questions you may have. Don't forget to bring a pen so you can write down the answers while you're talking with your doctor.

Why are you prescribing these medications? What do they do?

What side effects can I expect?

Should I call you if I have certain side effects or other problematic symptoms?

How long should I give the medication to work?

Will you treat my other conditions as well?

What drug interactions should I be aware of?

Does it matter when I take my medication?

If I have this symptom, what should I do?

What should I do if I miss a dose of medication?

Are there generic forms of my medication that cost less? Do you recommend them?

What can I do to maximize the effectiveness of my medication? Should I change my diet, exercise habits or sleep patterns?

Do you recommend that I see a therapist and/or join a support group in addition to taking medication? Could you refer me?
