



## Recommended Vaccines for Adults Over 18 Years Old

Age	Immunization	Date Received	Notes
19-26	HPV, 3 doses over 6 months		
19-49	PPSV, especially if you smoke		
19-49	Td, one dose every 10 years. If you've never had DTaP or Tdap shot, consult your doctor		
19-49	Hep B, 3 doses over 6 months		
19-49	Hep A, 2 doses 6-18 months apart		
19-49	MMR. If you didn't receive one as a child, consult your doctor.		
19-49	Varicella (chickenpox). If you haven't had chickenpox or the vaccine consult your doctor.		
50+	Flu, one dose every fall		
60+	Zoster		
65+	PPSV		

### VACCINE NAME ABBREVIATIONS:

<b>DTaP or Td or Tdap</b>	Diphtheria, Tetanus and Pertussis or Tetanus and diphtheria or Tetanus, diphtheria and pertussis vaccines
<b>HepA</b>	Hepatitis A vaccine
<b>HepB</b>	Hepatitis B vaccine
<b>Hib</b>	Haemophilus influenzae type b conjugate vaccine
<b>HPV</b>	Human papillomavirus vaccine
<b>IPV</b>	Inactivated poliovirus vaccine
<b>MCV</b>	Meningococcal vaccine
<b>MMR</b>	Measles, mumps, rubella (German measles) vaccine
<b>PCV</b>	Pneumococcal vaccine
<b>RV</b>	Rotavirus vaccine
<b>Varicella</b>	Chicken pox vaccine
<b>Zoster</b>	Herpes zoster (shingles) vaccine